

## **Report on AFG District 009 (Falls Church, Vienna, McLean, Oakton) 10/06/2021**

Since the spring 2021 Assembly report, we have had monthly District meetings, were usually 3 or 4 GRs who attended each month, including myself.

Several of our District's Al-anon meetings are meeting virtually, either via Zoom or Web ex.

Meeting Virtually:

**Ladies Night Out Sunday at 5:30 pm**

**Monday night Half Measures Aailed Us Nothing 7:00 pm (this has been meeting in person at the Unity Club in Falls Church for the past few months - 2 separate versions of this meeting taking place—also is meeting online.**

**Courage to Change at 6:00 am has a recently elected GR/CMA, Brenna Clayton.**

**Tuesday night 7:00 pm meeting, Courage to Change AFG** temporarily started last spring of 2020 on Zoom, thanks to Bob Cascella, who has hosted it with his own Zoom link. (We are having a group conscience to discuss the title of the meeting, since there is another meeting in our district with the same name. on Tuesday am)

**McLean AFG Tuesday Night 7:00 pm**

**Fortaleza & Esperanza GFA (meeting by phone)**

**Thursday evening monthly meditation 11<sup>th</sup> step group at 6:00 pm (Lynn Dreyer started in early 2021)**

**First Things First - Friday 7:15 am is now meeting in person and has a virtual meeting at the same time along with this meeting—more work for the in-person attendees, who bring laptop(s), people in the virtual meeting can see the others.**

**Healthy Relationships Friday night 7:00pm**

**Valor Para Cambiar GFA: Reuniones Telefonicas-telephone meetings only**

**Telefono Numero: (712) 770-5505 Codigo Acceso: 513468#**

Maria Nobile, one of the GRs, has been keeping us updated on the monthly Saturday New York City Al-Anon multi-hour virtual workshops from 12 noon to 4 pm. Thank you, Maria.

I spoke with Cecelia Amiot of one of the Hispanic meetings not long ago. They have been meeting online for about a year and she has turned over the meeting to another, though we still need the new contact information.

A few of our meetings are not meeting during the pandemic, though I did call and speak with the GRs of most of those meetings. Many of their members are attending other virtual meetings, and one GR, of the meeting in McLean, is with hen touch with her sponsor and didn't feel comfortable using Zoom (or Webex?—didn't say Webex specifically....)

